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Prevalence and Risk Factors of Nonalcoholic Fatty Liver Disease and Advanced Fibrosis in General Population: the French Nationwide NASH-CO Study

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ABSTRACT

The burden of nonalcoholic fatty liver disease (NAFLD) and advanced brosis has not been reported so far at a nationwide level in Europe. According to a meta-analysis, the prevalence of NAFLD in European countries ranged from 4% to 50%, reflecting the hetero-geneity of study populations.¹ The French CONSTANCES population-based cohort was designed as a large repre-sentative sample for age, gender, and socioeconomic sta-tus of the French adult population.² The present study was aimed to assess the prevalence of NAFLD and advanced fibrosis in the CONSTANCES cohort by using noninvasive markers, and to examine risk factors associ-ated with these conditions.

KEYWORDS: Obesity; Type 2 Diabetes; Fatty Liver Index; Forns Index

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